


# It's What We Don't Prepare For Survive

Whether you're a seasoned traveler or setting off on your first adventure, this guide will help keep you alive in times of crisis.



## LIFE HACKS

These will be useful on your journey 

This is for all of us who don't know how to fish, hunt, build shelter, make a fire and all the other little important things that make surviving easy.



## PACK LIKE A PRO

There are essential items you need at all times

Not all knives are made the same, not all rope or multi tools are made the same. Some bags are more useful than others. Find out what the Pros use.



## NAVIGATION

This skill is being lost

Without navigation skills you will get lost. This guide provides the resources you need to navigate while your lost so you don't get more lost.



## ADAPT

Do what you have too

When it comes to survival sometimes the way you learned doesn't work for you. You are smart and creative. You were meant to survive.




## SURVIVAL SKILLS

Learn this before it happens

When it comes to survival if you know the right skills times of crisis can be leisurely. Be careful though. When you can live off the land you spend more time there.



## BE PROACTIVE

**KEEP THIS IN YOUR PHONE** 

Step 1: Make A Plan

Step 2: Improve That Plan

Step 3: Prepare For Plan

Step 4: Practice For Plan

Step 5: You're Prepared



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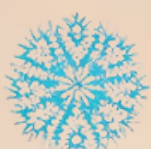


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# Life Hacks

A life hack is a simple, clever, or unconventional trick or technique that can make tasks or aspects of everyday life easier.



**SNOW SHOES** When you're stuck in the snow don't let your feet get wet



**QUICK BAIT** No bait, No Problem! Just use some shoe lace



**SOLE FIX** Shoes are an important tool for your survival



**WATERPROOFING** Keeping your feet dry is Crucial



**WATER FILTER** Filter your water before you drink it



**DENTAL FLOSS** Keeps your gums healthy and you alive



**TAMPONS** From medical to fire to water filter



**CONDOMS** From medical to sling shots to water storage



**ALUMINUM FOIL** From cooking to rescue to storage



**FIRE STARTER** Doritos, Hand Sanitizer, or Vaseline



**PAPER CLIP** Always keep a paper clip with you



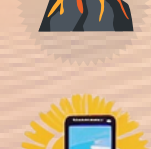
**SUPER GLUE** Always keep some super glue with you



**SNOW SHELTER** It's better to be in it than on it at night



**FIRE ASH** This can save your life if you have no med kit



**CELL PHONE** When your 30 days in and no ones coming



**KNIFE** Having a knife is one thing, what you do with it is another



**SODA CAN** From lanterns to fish hooks to a mini stove



**PLASTIC BOTTLE** From cups to traps to funnels



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# Essentials

In the context of basic needs or requirements, "essential" refers to something that is crucial, indispensable, or necessary for the proper functioning, well-being, or survival of an individual or system.



PURIFICATION



WATER STORAGE



CHOP TOOLS



FIRE TOOLS



ALL N 1 FISHING



ALL N 1 HUNTING



RESCUE GEAR



COOKING SUPPLIES



FORESTRY SUPPLIERS



WATCHES



SAFETY 1ST



ALL MED KITS



GUNS N THINGS



DEHYDRATED FOOD



CLOTHING



ACCESORIES



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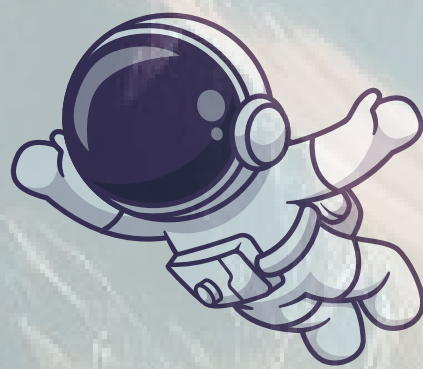
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# Navigation

The process or activity of planning, determining, and controlling the movement of a vehicle, ship, aircraft, or person from one place to another. Navigation involves using various methods, tools, and systems to chart a course, follow a route, and reach a destination efficiently and safely.

## ASTROLOGICAL NAVIGATION



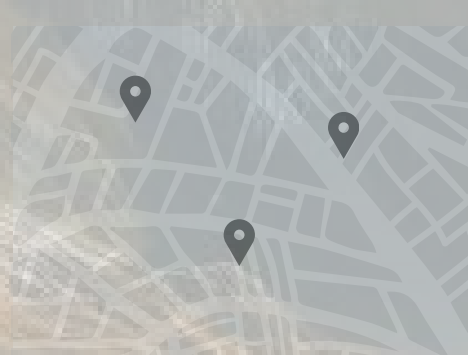
## TECHNOLOGICAL NAVIGATION



## ENVIRONMENTAL NAVIGATION



## MAPPABLE NAVIGATION



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# Skills

**Skills refer to the learned and applied abilities or competencies that individuals acquire through training, practice, and experience.**



## Best All Around

**All About Wood, Bad Weather Signs, Fire Starting, Boiling Water, Shelter**



## Best First Aid Skills

**10 Things Not To Do In First Aid**



## Best Trap Skills

**5 Traps You Can Do Yourself To Catch Food**



## Best Shelter Skills

**5 Shelters You Can Do Yourself For Safety**



## Best Fire Skills

**Self Feeding Fire, This Is Invaluable**



## Best Ancient Techniques

**All About Ancient Techniques Used To Survive**



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# Plan Basics

**Eureka! The desire to Plan. You can now start piecing it together.**

## **1. Define**

**Start by clearly defining what you want to achieve. ([SMART](#)) goals are KEY. The acronym stands for Specific, Measurable, Achievable, Relevant, and Time-bound**

## **2. Assess**

**Identify what resources you have (time, money, skills, etc.) and any constraints that may impact your plan (deadlines, regulations, etc.). Optionally, perform ([SWOT](#)) analysis**

## **3. Gather**

**Collect data and insights relevant to your goal. This may involve studying similar projects, consulting experts, or reviewing literature. Decide on the strategies or methods you will use to achieve your objectives. ([PLAN](#))**

## **4. Allocate**

**Determine how much money, time, and other resources are required for each part of your plan. Assign tasks and responsibilities to team members.**

## **5. Anticipate**

**Identify potential risks or obstacles and plan how to mitigate them. Have alternative plans in case your initial approach doesn't work as expected**



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# Crisis Strikes

It happened. The rains came early, and a mudslide washed away the road. You're stuck with nowhere to go but back. Day 1 begins now!

## Week 1-2: Acclimation and Initial Setup

Find a Water Source 💧: Look for running water; avoid stagnant pools.

[Leatherwoodoutdoors2](#)

Check maps for nearby streams or lakes.

Build a Shelter 🏠: Choose a flat area away from water and falling hazards.

[Coalcrackerbushcraft](#)

Use natural windbreaks.

Make a Fire 🔥: Use a ring of stones to contain the fire.

[Primitive Technology](#)

Catch Food 🍴: Use traps and fishing lines for passive hunting/fishing.

[GPB Education](#)

Identify and collect edible plants with caution.

Explore 🦶: Use landmarks for navigation. Leave markers to find your way back.

## Week 3-4: Sustenance and Routine

Water Management 💧: Set up collection systems with tarps or leaves.

[Survive Alone](#)

Store water properly.

Food Acquisition 🐟: Improve trapping and fishing techniques.

[Survival Beast](#)

Learn the habits of local wildlife.



Maintain Hygiene 🧼: Use soap sparingly. Bathe in streams or with a cloth and water.

Dig a latrine away from camp and water sources.

Exercise 🧘: Include physical activities like hiking, chopping wood, and stretching.

## Week 5-8: Long-Term Sustainability

Food Preservation 🍖: Build a smoker using a fire and a sheltered rack.

[Coalcrackerbushcraft](#)

Sun-dry fruits or fish on clear days.

Shelter Improvement 🏠: Reinforce with more durable materials.

Insulate with leaves or moss for warmth.

Exploration and Mapping 🗺️: Expand your safe zone.

Use natural features to map your area.

Skill Enhancement 🛠️: Practice making different types of shelters and fires.

[Wired](#)

Experiment with foraging and hunting techniques.